



## **After School Program (ASP)**

The After School Program (ASP) at Upper Canada College offers a caring, safe, and educational environment for our UCC boys, while providing a service to our families beyond the regular school day.

Starting with a nutritional supplement, and after a supervised, scheduled Homework or reading session, the boys will be engaged physically or mentally through a variety of club opportunities, introducing basic skills, advanced skills or character life skills to fit all our boys' needs, always keeping in mind our I.B. Learner Profile.

The ASP offers a multitude of services for our boys and parents including, but not limited to:

- supervised after school care for our families between the hours of 3:00 p.m. and 6:00 p.m.
  - Rates are \$15/hour with a 15 minute grace period (billed every half hour)
  - ex. Charges – Minutes 1-15 free, 16-45 (\$7.50), 46-75 (\$15) etc.
- a nutritious snack to help revitalize the boys' energy to get through a longer school day.
- educational assistance in our Homework sessions from our ASP staff that is guided by our own Wernham West Centre For Learning (WWCFL) personnel.
- engaging the boys in creative, physical or technology experiences in a structured, but fun and relaxed environment.
- providing three types of after school clubs to challenge and educate our boys on different levels (active bodies, active minds, or combination clubs).

We encourage you to come down to the Prep Dining Hall and find out what is new in our program and meet and introduce yourself to many of our friendly and experienced ASP staff. **Please review the following documents on ASP to view the [Spring Clubs Schedule](#), [Daily Schedule](#) and [detailed ASP club information](#)!**

Best regards,

**Emma Kanga**

ASP Coordinator

[ekanga@ucc.on.ca](mailto:ekanga@ucc.on.ca)

416-488-1125 x2253

# After School Program

## U.C.C. Spring 2020 Club Schedule

*Clubs start on Friday March 27, 2020  
Please look below for club specific dates*

Form	Monday	Tuesday	Wed.	Thursday	Friday
SK/1	<b>Basketball Club</b> 3:45-4:45pm  <b>Photography</b> 3:30-4:30pm	<b>Chess Club</b> 4:00-5:00pm  <b>Ball Hockey</b> 3:30-4:30pm  <b>Scrabble Club</b> 4:00-5:00pm	<b>Baseball Club</b> 3:30-4:30pm  <b>Creative Writing</b> 3:45-4:45pm  <b>Woodworking</b> 3:45-4:45pm	<b>Little Yogis Club</b> 3:30-4:30pm  <b>Aerospace &amp; Rockets Club</b> 3:30-4:30pm	<b>Flag Football</b> 3:30-4:30pm  <b>Roar, Roar, Dinosaur Club</b> 3:30-4:30pm
2	<b>Basketball Club</b> 3:45-4:45pm  <b>Photography</b> 3:30-4:30pm	<b>Chess Club</b> 4:00-5:00pm  <b>Ball Hockey</b> 3:30-4:30pm  <b>Scrabble Club</b> 4:00-5:00pm	<b>Baseball Club</b> 3:30-4:30pm  <b>Creative Writing</b> 3:45-4:45pm  <b>Woodworking</b> 3:45-4:45pm	<b>Little Yogis Club</b> 3:30-4:30pm  <b>Aerospace &amp; Rockets Club</b> 3:30-4:30pm	<b>Flag Football</b> 3:30-4:30pm  <b>Roar, Roar, Dinosaur Club</b> 3:30-4:30pm
3	<b>Photography</b> 3:30-4:30pm	<b>Chess Club</b> 4:00-5:00pm  <b>Ball Hockey</b> 3:30-4:30pm  <b>Scrabble Club</b> 4:00-5:00pm	<b>Baseball Club</b> 3:30-4:30pm  <b>Creative Writing</b> 3:45-4:45pm  <b>Woodworking</b> 3:45-4:45pm	<b>Little Yogis Club</b> 3:30-4:30pm  <b>Aerospace &amp; Rockets Club</b> 3:30-4:30pm	<b>Flag Football</b> 3:30-4:30pm  <b>Roar, Roar, Dinosaur Club</b> 3:30-4:30pm  <b>Basketball Club</b> 3:45-4:45
4	<b>Ball Hockey</b> 3:45-4:45pm  <b>Photography</b> 3:30-4:30pm	<b>Chess Club</b> 4:00-5:00pm  <b>Creative Writing</b> 3:45-4:45pm  <b>Scrabble Club</b> 4:00-5:00pm	<b>Financial Literacy I &amp; II &amp; III</b> 3:45-4:45pm  <b>Woodworking</b> 3:45-4:45pm	<b>Flag Football</b> 4:00-5:00pm	<b>Baseball Club</b> 4:00-5:00pm  <b>Basketball Club</b> 4:00-5:00pm
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6	<b>Ball Hockey</b> 3:45-4:45pm  <b>Photography</b> 3:30-4:30pm	<b>Chess Club</b> 4:00-5:00pm  <b>Creative Writing</b> 3:45-4:45pm  <b>Scrabble Club</b> 4:00-5:00pm	<b>Financial Literacy</b> I & II & III 3:45-4:45pm  <b>Woodworking</b> 3:45-4:45pm	<b>Flag Football</b> 4:00-5:00pm	<b>Baseball Club</b> 4:00-5:00pm  <b>Basketball Club</b> 4:00-5:00pm
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**Link to ASP Spring Clubs Registration:**

[https://docs.google.com/forms/d/1W0WJZLfhd8-tcSEI\\_UWiDhweRzfOEOAMljmn66\\_rohs/edit](https://docs.google.com/forms/d/1W0WJZLfhd8-tcSEI_UWiDhweRzfOEOAMljmn66_rohs/edit)

## **ASP Spring 2020 Special Programs**

### **NEW Roar, Roar Dinosaur Club**

What would our world be like if Dinosaurs still walked among us? Roar, Roar Dinosaur gives students the opportunity to learn about some of nature’s greatest reptiles, unlocking their ancient secrets and bringing them to life. Students will work together to discover how these fascinating creatures lived millions of years ago. Tyrannosaurus Rex or Pterodactyl; Brontosaurus or Velociraptor - who would you like to meet? Exploring nature’s greatest reptiles - and what we can learn today from their world, their habits and their adaptations millions of years ago. Roar, Roar Dinosaur Club will allow our young explorers to dive into all that is Dinosaurs! Each week participants will have the opportunity to take part in a fun and engaging science experiments relating to the Jurassic age of the Dinosaur. Calling all Dinosaur lovers - this is the club for you!

### **NEW Flag Football Club**

Our Flag Football program allows students to gain experience learning the skills and drills of Flag Football, all within a safe environment. Students will learn the fundamentals of passing, movement, communication, team strategy, and passing. With safety in mind - we use fun flags and a specialized version of the sport ensuring minimum contact and maximum protection. This club is a fantastic opportunity for beginners and experienced players! *Please send your child with running shoes.*

### **NEW Ball Hockey Club**

Join our Ball Hockey Club and learn all about Ball Hockey - from the basics to skills, drills and mini-games! Our experienced instructor will lead students through a series of skill development drills daily, and each lesson will end with a scrimmage game for fun! This club is open to all players - from beginner to experienced hockey players. *Please send your child with their own hockey stick and helmet. We also recommend shin pads!*

## **NEW Baseball Club**

With the wonderful spring weather just around the corner - think about registering your son for Baseball Club! Students will spend their time outdoors enjoying the sunshine and learning all about baseball from our experienced instructors. All bases are covered with this inclusive ASP club - focused on hitting, fielding, catching, base running and pitching. *Please send your child with running shoes and a baseball glove (if available).*

## **NEW Little Yogis Club**

Little Yogis is meant to be an easy introduction to yoga & mindfulness for students of all ages. It will explore partner yoga poses that build confidence and trust. Yoga helps students to understand and practice self-regulation, cooperation, balance and activity. Each class is tailored to the specific age group with activities that will keep students engaged and ready to learn. Each class is themed and has the following elements: Focus, Warm Up, Breath Work, Yoga Poses, Savasana (calming meditation). This non-traditional yoga class will take your child on a different adventure each week while they do yoga poses along the way. We supply mats for each student, props, music, fun and more!

## **NEW Woodworking Club**

In Woodworking Club your child will learn about the science and skill of wood carving and wood design. Our hands-on activities allow children of all ages to safely learn and experiment with woodworking. Each student will build their own personalized project - building "something from nothing". Students in the past have designed paddles, tables, chairs, storage boxes and robotic arms! All supplies are provided. Join Woodworking Club to learn about the basic principles of woodworking, and improve your coordination with engaging daily projects!

## **NEW Photography & Graphic Design Club**

Learn about photography and graphic design at the new ASP club! Explore the world around you through the lens of a camera - learning all about the ins and outs of photography. We welcome beginner to advanced learners. Learn how to take the photos and alter them through graphic design applications. We welcome you to join our photography club - please bring a camera if you have one on hand, we will be providing the technology as well!

## **NEW Creative Writing Club**

Let your creativity soar at Creative Writing Club! Learn how to craft your very own short story - whether it be adventure, mystery or horror! Add to your piece of work every week - and at the end of the program print and bind your short story to bring home for all of your family to enjoy.

## **NEW Aerospace & Rockets Club**

Are you interested in all things outer space? Then this is the club for you! Join our Aerospace and Rockets Club this term and learn about rock building and design. Explore what lies beyond earth, while learning about outer space and experimenting with hands-on activities to further understand the great beyond!

## **Basketball Skills Club**

Join LevelUp Ball to develop your skills and drills on the court. We welcome beginner-level to competitive players, ready to get active and have some fun! Players will be grouped based on experience, age and skill - so that everyone is able to learn and enjoy the club.

## **Tournament Chess For All Levels**

This is a program for everyone – from beginners learning the names of the pieces to the most advanced, rated tournament players. Whatever your level, we will make you better! This program is challenging. But challenging is fun! Students are separated into their respective groups based on level. All participate in tournaments that include

not just games, but difficult riddles and problem solving challenges that will see them rise to the occasion to figure out. Every student is challenged to set goals, to solve problems, to take initiative, and to focus. The tournament setting itself provides a great opportunity to teach good sportsmanship, tenacity, and never giving up. The idea behind this program is excellence. We challenge all those participating, from the youngest beginners to the most advanced, to be the best that they can be at this, and any other, obstacle they may confront. On top of the great benefits of the game of chess itself, this program also brings great value off the board. Come one come all!

### **Financial Literacy – Level I**

Extra Ed has turned learning basic financial literacy upside down – from boring and tedious, to fun and inspiring! Be warned, however, that this program will also turn your home life upside down – from “Mom, Dad, give me money” to “Mom, Dad, give me money for my RESP!” We have created an empowering financial literacy curriculum that features interactive group activities, easy-to-understand visual presentations, a “net worth” tournament, and highly charged discussions. Major topics include savings (Why should I save? How much can I save if I start now? How do I save?), and debt (What is it? How does it all work? Who exactly do I owe money to?). We also cover what it really costs parents to keep their little darlings fed, clothed, and educated for one year, as well as an outline of life’s big expenses, like education, real estate and retirement. In an era filled with unrelenting consumer advertising, false images of financial success, and easily accessible credit, this course teaches students how to be financial leaders, not financial victims; to be true to who they are when they manage their finances; and to understand how their financial choices impact not only their own lives in the short and long term, but also the world around them. It is never too early to learn these materials, but it can be too late. Register now!

### **Financial Literacy - Level II & III**

By popular demand, the exciting continuation of the Level 1 program is here! If you thought the questions your kids were coming home with were awkward the first time around, you’re in for a wild ride now. Here’s a quick look at what we cover:

- a new profile and net worth competition featuring our “fantasy draft” format – very fun!
  - a “How to” guide to registered accounts: What are the types of investments that one can have in them? How do they work?
  - a “How to” guide to influencing the world the way each child wants through money management and consumer choices.
  - a “How to” guide to banking – avoiding fees, negotiating, and making sure they get what they want...or they’ll go somewhere else!
  - a close examination of the language and tactics of aggressive marketing – they will never be fooled by anyone!
- And much, much more

In an era filled with unrelenting consumer advertising, false images of financial success, and easily accessible credit, this course teaches students how to be financial leaders, not financial victims; to be true to who they are when they manage their finances; and to understand how their financial choices impact not only their own lives in the short and long term, but also the world around them.

# After School Program Daily Schedule

Year SK/1 – at Dismissal Report to the **Dining Hall** (sign in)  
- *homework, reading, or quiet activity time*  
3:20 **Snack Time**  
- *nutritional snack offered*  
3:30 – 4:45 **Club Time** or *activities* with ASP Staff  
(please consult ASP Schedule for details and times)  
After clubs Report to **Dining Hall**  
- *activities* with ASP Staff until pick up

Parents – you must sign out your son at the Dining Hall upon pick up by 6:00 pm

Year 2/3 – at Dismissal Report to the **Dining Hall** (sign in)  
- *homework, reading, or quiet activity time*  
3:20 – 3:30 **Snack Time**  
- *nutritional snack offered*  
3:30 - 5:00 **Club Time** or *activities* with ASP Staff  
(please consult ASP Schedule for details and times)  
After clubs Report to **Dining Hall**  
- *extended homework* supervision and assistance – if needed  
- *activities* with ASP Staff until pick up

Parents – you must sign out your son at the Dining Hall upon pick up by 6:00 pm

Year 4/\*5 – at Dismissal Report to the **Dining Hall** (sign in)  
- *homework, reading, or quiet activity time*  
3:40 **Snack Time**  
- *nutritional snack offered*  
4:00 **Club Time** or *activities* with ASP Staff  
(please consult ASP Schedule for details and times)  
5:00 Report to **Dining Hall**  
- *extended homework* supervision and assistance – if needed  
- *activities* with ASP Staff until pick up

Parents – you must sign out your son at the Dining Hall upon pick up by 6:00 pm

\*Year 5 boys may report to the CFL Homework Club or the Library until 5:00 pm. After 5:00 they are to report to the Prep Dining Hall for the After School Program if not picked up.

NOTE – if any Year 5 boy does not follow appropriate rules in the library they may be sent to the ASP program until pick up occurs. (charges will apply if this occurs)

Year 6/7 – Can sign up for any Club participation or report to ASP at any time to participate in the Program.  
- *nutritional snack*  
- *homework club* or reading time  
- can sign out whenever they wish on their own

# After School Program Spring 2020 Schedule

Specific Club Dates				
Monday	Tuesday	Wednesday	Thursday	Friday
NO ASP	ASP Regular Program begins March 24 - Clubs begin March 27			March 27
March 30	March 31	April 1	April 2	April 3
April 6	April 7	April 8	ASP 12pm - 6pm	NO ASP CLUBS
NO ASP CLUBS	April 14	April 15	April 16	NO ASP CLUBS
April 20	April 21	April 22	April 23	April 24
April 27	April 28	April 29	April 30	May 1
May 4	May 5	May 6	May 7	May 8
May 11	May 12	NO ASP CLUBS	May 14	NO ASP CLUBS
NO ASP CLUBS	May 19	May 20	May 21	May 22
May 25		May 27		May 29
June 1				June 5
Total: 8 days per session	Total: 8 days per session	Total: 8 days per session	Total: 8 days per session	Total: 8 days per session

\***GREY** boxes represent days where there will be no ASP Club offered, either due to a school holiday OR the program has completed the 8 week session.

\*All **RED** boxes represent days when your child's club will be running.

- If you are ever wondering if your child's club is running please feel free to email [ekanga@ucc.on.ca](mailto:ekanga@ucc.on.ca) - I am happy to help clarify!

# How to Register!

To Register for Spring ASP Club programs please follow the following instructions:

- 1) Using the 'ASP Spring 2020 Club Schedule' in combination with the 'ASP Club Descriptions'  
please choose the clubs that you would like to register for.
- 2) Please click on the link below (or copy it into your web browser) to register your son in any of the ASP club options. **YOU WILL NEED YOUR SON'S STUDENT I.D. NUMBER.** Please note that on the registration page there are prices, dates and times to remind you of such details.
- 3) Special note – after registering you will receive an email at the email listed confirming the choices you have made. If any such changes need to occur, please contact Emma Kanga – [ekanga@ucc.on.ca](mailto:ekanga@ucc.on.ca)

## **REGISTRATION LINK**

[:https://docs.google.com/forms/d/1W0WJZLfhd8-tcSEI\\_UWiDhweRzfQE\\_OAMljmn66\\_rohs/edit](https://docs.google.com/forms/d/1W0WJZLfhd8-tcSEI_UWiDhweRzfQE_OAMljmn66_rohs/edit)

\*By completing and submitting this registration document you verify your signature and give us permission to sign up your son(s) for the Clubs and apply any applicable charges to your student account. Costs will again be verified by email after the sign up process is completed.

**The deadline for signing up for Spring 2020 clubs is Thursday February 27 2020.**

Best regards,

Emma Kanga  
ASP Coordinator  
[ekanga@ucc.on.ca](mailto:ekanga@ucc.on.ca)  
416-488-1125 x2253