

**UCC**UPPER CANADA COLLEGE
PREPARATORY SCHOOL220 Lonsdale Road
Toronto, Ontario
Canada M4V 2X8
TEL 416 488 1125**April 4th, 2019****Cycling at Norval: May 15th, 16th, and 17th**

Dear Year 4 Parents/Guardians,

The Year 4's will be doing their bike trip around the Norval area on May 16th. This is a trip that has been established and running for several years here at UCC. It is certainly one of the highlights of the year, if not one of the highlights of your son's time at the Prep. In the interest of safety, the PE teachers will be running a **preparation** course on bicycle safety and simple maintenance during school. These classes will take place from **Tuesday, April 23rd to Monday, May 6th**, during Physical Education periods.

In order to successfully accomplish our goals we will need some assistance from you and your son. First, your son will need to bring his bike to school and leave it here from **Tuesday, April 23rd** until our trip to Norval on **May 7th**. This will allow us to schedule time for our bike safety and group riding classes. If you live nearby, and your son can ride to and from school each day, that is fine.

Your son should be prepared to lock his bike to one of our outdoor bike racks during the school day and he will be responsible for his bike lock. **We recommend your son use a combination lock instead of a key lock.** If UCC security finds unlocked bikes on the bike rack, they remove the bike(s) and bring them to the security office. It will be the responsibility of your son to get his bike from the UCC security office (located at the Upper School). Bikes may be stored over the weekends at school in the Year Four classrooms. You are welcome to take your son's bike home on the weekend. If you choose to do so, please return it to school for the start of the next week in the morning so that your son is prepared for cycling activities that day. **Bikes will be secured in classrooms overnight and on the weekends.**

Proper equipment is essential. Bikes do not need to be expensive to be effective. Please ensure that your son's bike is an appropriate size, has at least a few working gears, and functioning brakes. Your son will also need to bring a **certified bike helmet which is appropriately fitted to his head.**

Throughout the weeks to come the boys will be given helpful hints on bike safety and maintenance; they will also be challenged with a few of the typical problems which often need to be solved while cycling. **A police officer will be coming to UCC to discuss**

bike safety with the boys on April 16th. We anticipate this being a fantastic learning experience.

Our Norval riding trip will be approximately 35 km round-trip. We will be riding in a large group with approximately **10 adults** as supervisors. There will be two Peel Police cruisers and a clearly marked **safety van** accompanying the group transporting snacks, water bottles, and spare bikes. Most boys will find the trip challenging. However, as proven in the past, they are capable of completing the trip and revel in their accomplishment at the end of the day.

The **Brampton Flying Club** is the destination of our main bike ride. When we arrive at the club, we are greeted by flight school instructors who give us a guided tour of the facility and equipment. We have a barbecue lunch and free time to play soccer, relax, visit a small, on-site warplane museum, and recharge for the journey back to Norval.

While at the **Brampton Flying Club** we have the opportunity, in groups of 3, to join a well experienced pilot for a ride in a Cessna over the area, including the Norval property! This is an **OPTIONAL** activity. We are aware of varying comfort levels with the activity and it is for this reason that this portion of the trip is **optional. A permission form will be going home in the coming weeks.**

Below is an outline of our days at Norval:

Tuesday

- bike maintenance and ride around Norval property (5-10 km)
- set up camp
- night games

Wednesday

- Bike trip to include: (30-35 km total)
- 16 km ride to the Brampton Flying Club
- Lunch at the Flying Club
- viewing and discussion of planes
- optional flight for students in groups of 3
- 16 km ride (return) to Norval
- Campfire and games

Thursday

- Norval Game
- pack bikes
- return to UCC



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Thank you for your interest and assistance. If you have ANY questions please call Mr. Bushey at ext. 4154, Ms. O'Brien at ext. 4172 or Bill Elgie at 905 877 3732.

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