

UCC presents:

# Pre/Teens – Yes You Can Have a Great Relationship!

**3 Wednesdays, April 19 – May 10 (not May 3)**  
**7:00 - 9:00 PM**

- Curfew, drugs, sex, alcohol, parties – what’s a parent to do?
- How the teen brain and the teen mind work
- How to listen, and get your teen to open up
- Why not to say “Good job” and what to say instead
- Protective factors for helping your teen negotiate high risk behaviours

For parents with at least 1 child over 10



**\$160 pp, \$225 per couple**

**To register, please go to:**

**[parentingnetwork.ca](http://parentingnetwork.ca)**

**Or Call Doone Estey at 416-944-0412**

*“Your wonderful advice and guidance is SO incredibly helpful for us all.  
Hearing the other parents and their issues is very powerful too.  
It has helped me immensely...! [Doone] is superb facilitator.”*