



UCC

UPPER CANADA COLLEGE

PREPARATORY SCHOOL

NORVAL OUTDOOR SCHOOL

THE FORM 6 SPRING TRIP

This will be your son's third trip to Norval this year. As before, we plan to have lots of fun as they explore nature and learn more about themselves and their classmates. In particular, this program will give the boys the opportunity to develop hiking and camping skills. We will be hiking along a section of the Bruce Trail, from Terra Cotta to Georgetown, a trip of about 20 km. We will also be conducting an environmental field ecology study at Norval, in partnership with the Prep Science department.

The social development of the Form is an explicit goal of all classes at Norval. To encourage this process, students are reminded of the four Norval "C's":

- CARE for SELF
- CARE for OTHERS
- CARE for THE ENVIRONMENT
- COMMIT to IMPROVEMENT

Often, knowledge about the environment is insufficient to bring about changes which benefit the environment. Students require role models, group skills and a sense of connection to the natural environment to make these changes. The Norval experience attempts to provide these opportunities to students in an exciting, fun and challenging way.

Students and parents are encouraged to read the section in the Prep School *Family Handbook* and refer to the attached pages for additional information regarding the Norval Outdoor School.

GENERAL INFORMATION

Trip Dates

Form 6C will leave the Prep School at 9 a.m. on Wednesday, May 3, 2017.
The Form will return at 3 p.m. on Thursday, May 4, 2017.

Prior to the Trip

1. Read all these pages carefully, return both of the completed medical forms and keep the rest in a safe spot for future reference.
2. Check the recommended clothing list, assemble old clothes and label them. Make sure your son has either good walking shoes or comfortable hiking boots/shoes. There are a limited number of uninsulated rubber boots for students who do not have waterproof boots.
3. Norval teachers and support staff have considerable experience with a wide range of medical conditions and food restrictions. Please contact Ms. Gina Suva, Prep Health Service (416-488-1125, press 1, extension 4911) if you have special concerns.
4. Make arrangements to drop off and pick up your son at the Prep. On the day of departure, students need not wear their school uniform. Students should report to their Form room at the usual morning assembly time in their classroom.
5. Consult your son's Form Adviser should you have any general questions or concerns.

While your son is at Norval

1. In case of emergencies, the Norval telephone number is (905) 877-3732. The facsimile number is (905) 877-1814 and the e-mail address is belgie@ucc.on.ca.
2. The planned activities are flexible in order to account for the background and skills of the students and to take the optimum advantage of weather conditions.

Norval Staff

Norval Program Staff

Bill Elgie
Brent Evans
Elizabeth Jankowski
Sean Kelly
Katherine Tanz
Dan Richer
Alicia Dietrich
George Goulden
Beth Collins

Norval Property Superintendent

Norval Cook

Assistant Cook

Norval Housekeeper

Following the Norval trip

The bus from Norval routinely leaves to arrive at the Prep no later than 3 p.m. However, traffic or other unavoidable delays occasionally occur.

Encourage your son to talk about his trip.

The Form 6C Spring Program

DAY 1 - Wednesday, May 3, 2017

- 10:45 a.m.** Drop off hikers at Terra Cotta. Hike till lunch.
- 12 p.m.** Lunch (planned, prepared and packed by students and brought from home)
- 1 - 5 p.m.** Hike along the Bruce Trail to Georgetown. (includes breaks)
- 5:30 p.m.** Supper at Norval
- 7 p.m.** Set up camp. Sleep out in platform tents. Evening program.

DAY 2 - Thursday, May 4, 2017

- 8 a.m.** Breakfast
- 9 a.m. - 12:30 p.m.** Ecosystem Field Study with Prep Form 6 Science Faculty
- 12:30 p.m.** Lunch
- 1:45 p.m.** Depart for Home