



# UCC

UPPER CANADA COLLEGE  
NORVAL OUTDOOR SCHOOL

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## RECOMMENDED CLOTHING LIST FORM 6 WINTER NORVAL OVERNIGHT TRIP

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THIS CLOTHING LIST IS OFFERED AS A GUIDE TO STUDENTS PACKING FOR A TRIP TO THE NORVAL OUTDOOR SCHOOL. PLEASE TAKE INTO ACCOUNT TIME OF THE SEASON AND CURRENT WEATHER CONDITIONS WHEN PACKING. ALL ITEMS SHOULD BE LABELLED WITH YOUR SON'S NAME AND PACKED IN A SINGLE LARGE BAG TO FACILITATE LOADING THE BUS.

### ESSENTIAL ITEMS

SOCKS (WOOL IS BETTER INSULATOR FOR COLD WEATHER)  
UNDERWEAR (LONG UNDERWEAR)  
T-SHIRTS/TURTLENECKS  
LONG SLEEVED SHIRTS  
SWEATSHIRT/FLEECE WEAR  
JEANS/SWEATPANTS  
PYJAMAS  
SLEEPING BAG (PILLOWS PROVIDED)  
1 PAIR OF INDOOR FOOTWEAR  
1 PAIR OF WATERPROOF INSULATED BOOTS  
INSULATED SNOW WEAR (JACKET AND PANTS IF AVAILABLE)  
WARM HAT/TOQUE  
MITTS/GLOVES  
SCARF/NECK WARMER  
SKATING OR SKIING HELMET

TOWEL  
SOAP  
SHAMPOO  
BRUSH/COMB  
TOOTHBRUSH  
TOOTHPASTE  
SUNSCREEN

### OPTIONAL ITEMS

READING BOOK  
FLASHLIGHT  
CARD OR BOARD GAMES  
MUSICAL INSTRUMENT

### PROHIBITED ITEMS

THE PREPARATORY SCHOOL FAMILY HANDBOOK CLEARLY LISTS THOSE ITEMS WHICH ARE NOT PERMITTED ON THE COLLEGE GROUNDS IN TORONTO AND NORVAL. ITEMS SUCH AS POCKET KNIVES AND MATCHES ARE UNNECESSARY AND TOO OFTEN HAVE RESULTED IN INJURY TO INEXPERIENCED USERS. ALL EQUIPMENT FOR PROGRAM PURPOSES NOT LISTED ABOVE WILL BE PROVIDED WITH THE APPROPRIATE SUPERVISION.

THE MENU AT THE NORVAL OUTDOOR SCHOOL IS VARIED AND SUBSTANTIAL. ADDITIONAL SNACKS ARE UNNECESSARY AND DISCOURAGED, AND MAY BE DANGEROUS TO VISITING STUDENTS WHO HAVE NUT ALLERGIES OR OTHER ALLERGIES.

THE NORVAL PROGRAM IS FULL AND DEMANDING. STUDENTS SHOULD NOT BRING VALUABLES OR ELECTRONIC APPLIANCES SUCH AS CELL PHONES, IPODS OR HAND HELD GAMES. PARENTAL ASSISTANCE AND SUPPORT IN THESE MATTERS IS SINCERELY APPRECIATED