



Conference of Independent Schools Athletic Association

*Respect... rules, officials, opponents, team, self*

*Honour the game!*



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**CISAA  
Parents' Workshop Invitation  
2016**

The Conference of Independent Schools' Athletic Association will be proudly presenting a very informative workshop for parents of our male and female student/athletes. The workshop will be hosted on **Tuesday, April 5th, 2016 from 7:00-8:15pm** in George Weston Hall (Upper Canada College **Preparatory School** – see map link below). Best of all, there will be no cost to attend.

***“The Second-Goal Parent: Developing Winners in Life Through Sports” (75 minutes)***

This interactive workshop explores the role of a Second-Goal parent, supporting their child so that he or she enjoys a positive experience in sports.

Topics discussed include:

- How parents can help ensure their student-athletes' experience healthy, developmental (physical, social, mental) outcomes that will serve them far beyond the playing field
- Guidelines for developing a positive Coach/Parent relationship
- Understanding the research-based three stages of Talent Development
- Engaging children in constructive, meaningful conversations
- Insight into the training of coaches and what it means to be a Double-Goal Coach

**RSVP is required as booklets for all participants need to be ordered.**

**Please click on the link below to register.**

[Register Here.](#)

[Link to Campus Map](#)

