

Parenting I: Raising Great Parents

- Getting out the door in the morning in one piece
- Why not to say “Good job” and what to say instead
- Handle everyday problems such as mealtime, bedtime and temper tantrums without anger, yelling or bribery
- Setting and upholding limits in a firm and friendly way
- Power struggles? Who’s running the show at your place?

For parents of children from birth to 10 years.

Thursdays April 16 – May 21

Time: **7:15 – 9:30 PM**

Fee: **\$245 + hst.** pp

Register with a friend/partner - **\$225 + hst.** pp

Clock Tower, Upper School, Avenue Rd and Lonsdale Rd

To Register:

www.parentingnetwork.ca

Space is limited Call: Doone Estey 416-944-0412