

After dismissal, boys should proceed to the dining hall and sign in to the After School Program. Beverages and a snack are available. ***Please check the ASP Seasonal Club Schedule for club dates, and start and finish times.*** There will be no sessions on school holidays or Focus days.

ASP will still operate on Focus Days with extended coverage for earlier in the day as needed.

Any day after school, boys in clubs can wait with the ASP staff for free until the start of their club. However, no snack is provided unless they are registered in the After School Program.

Parents are requested to pick up their sons from the Prep Dining Hall/Activity Room rather than the club locations to assist us in maintaining safe dismissal procedures. If you do not pick up your son after their club, the boys will automatically be enrolled back into the ASP program.

Chess (Sk-7)

Join our world class 'Chess Institute of Canada' curricular Chess program. With highly trained and experienced instructors you will learn about chess as much as you will build character and learn about life. New players are welcome. No previous experience with chess is necessary. **FEE: \$210.00**

School of Rock (3-6)

Do you love Pop, Rock, Blues, and Funk? Have you ever wanted to play in a band? This is your program! Students in this program will have the opportunity to play various instruments, and to learn with others to develop their talents. All musical genres are welcome! Students may bring their own instruments to the program if they like, or come ready and willing to learn on our instruments and to sing along... Time to turn up the volume! **FEE: \$210.00**

Public Speaking (3-7)

Without a doubt, public speaking can be very intimidating for most people. Certainly, some people are born with the natural talent to speak in front of an audience while the rest tremble from just the thought of having to give a speech. It surely does not have to be that way. With these tips and some practice, students will find that public speaking should never be anything harder than a simple conversation with friends. This public speaking program will provide students with tools to overcome the most common public speaking problems as well as teaching about speech writing, using persuasive language and improving quick thinking skills. Over the 8 sessions students will learn about and present different types of speeches from calls to action, humorous speeches, reviews as well as a place to practice in class presentations. The ability to confidently convey information in a clear and concise manner is invaluable. Providing an opportunity to hone your skills with constructive feedback, while encouraging a passion for communication is integral to the long term success of students. **FEE: \$210.00**

OYMBC Robotics (2-7)

We spent a lot of energy finding the right robotics kits that are not only fun to use but help kids become familiar with industry tools and components. With the help of our professional teachers, students learn to use screwdrivers, nuts, bolts, screws and more. By using these tools at an early age, kids drastically improve and develop their motor skills. For the optimum experience, each student gets their own robotic kit to use during the program. That means everyone gets to experience the joy of assembling their robot without waiting for partners or shared tools. For more information please visit <http://www.oymbc.com> **FEE: \$210.00**



Martial Arts / Muay Thai (2-3)

Through a variety of coordination, balance, and strength activities students will learn different forms of Martial Arts. Learn the basics of kicking, self-defense, blocking and punching. There is much emphasis on discipline and focus. **FEE: \$210.00**

Introduction to Computer Programming (2-3)

Hatch Canada offers a self-paced, self-directed exploration of computer programming. We have a library of over 600 projects and allow students to build their own portfolio, much like an artist or an architect. With every project, students learn core computer programming skills like conditionals, loops, arrays and objects. A more complete overview can be found here:

[Hatch Canada 2015 Presentation](#)

At UCC in Spring 2015, we will be tailoring the content to Grades 2s and 3s, making it possible for these grades to experience the same magic that the Grade 4-7 students experience in Fall 2014 and Winter 2015.

FEE: \$210.00

Kids Learning Code Computer Programming (4-7)

UCC's most creative and imaginative kids are invited to join Kids Learning Code for an after-school program full of inventing. Individually or in small groups, kids will leverage hardware and software to brainstorm, research, prototype and build a creation that will help change the world. Kids will have the opportunity to choose one piece of available hardware to create their invention: Arduino Microcontroller (used for robotics) or LilyPad Arduino (used for wearable technology) and/or Makerbot Replicator 2 (used for 3D printing). Based on their level of experience, kids will also either learn the associated software for the very first time, or build out their knowledge in a more advanced environment. Through hands-on project-based learning, kids of all skill levels will be able to work alongside expert lead instructors and mentors to make their ideas come to life.

FEE: \$230.00

Ultimate Frisbee (2-7)

Sing up for a new experience in sport. Combining the sport of football with the skills of throwing a Frisbee. Boys will learn the art of throwing a Frisbee with different techniques. They will learn the basic rules and skills needed to play the recreational sport of Ultimate Frisbee – FUN while exercising! All boys are required to meet in the Prep Dining Hall already changed into their Phys. Ed. uniform. **FEE: \$180.00**

Creative Writing (4-7)

This club will have boys explore different techniques to write poems, plays, short stories and film scripts, etc. Students will also practice editing and proofreading their own work to create a final writing piece of their choice. **FEE: \$180.00**

Drawing/Art Club

Express yourself through art! In this club, we will be learning about fine art the best way there is; by creating it. We will explore a variety of different media such as pencil, charcoal, pastel, and marker, as well as concepts such as creating an effective composition using line, colour and space. We will look at lots of different subject matter including people, still life, plants, and animals, and will work outside once the weather warms up. Get ready to have fun and be creative! **FEE: \$180.00**



Arts and Crafts (Sk-3)

Kids will explore their creativity and work on their motor skills making a variety of arts and crafts for example, decorating T-shirts, water painting, making animals built with plasticine, making model airplanes and holiday crafts. **FEE: \$180.00**

Photography (4-7)

In Photography club, students will capture and share their life at UCC. From the most minute details, to vast outdoor expanses, participants will be instructed in photographic techniques, camera usage and characteristics, and Photoshop. Students will leave the club with tangible proof of their involvement, with photos that can be framed and cherished as life-long keepsakes from their time at UCC. **FEE: \$180.00**

Art Club (3)

Join the Form 3 Wild Things Art Club this spring. We will create art that is inspired by nature, using natural materials. As the season progresses, we will move outdoors to create works of art in and around the gardens. Be prepared to be outdoors in warmer weather. **FEE: FREE**

Dinosaur Club (Sk-3)

Come explore the awesome world of dinosaurs! In Dinosaur Club, we will learn about dinosaurs through fun activities and games. We will look at how dinosaurs lived, what they ate, how they evolved, how they died, and how fossils are formed. We will participate in a small mock fossil dig to see how paleontologists find and remove fossils from the earth later in the term once the weather permits. Get ready for some prehistoric fun! **FEE: \$180.00**

Drama Club (4-7)

Boys will learn basic drama and acting techniques. They will explore topics such as improv, clown, and tableau. Throughout the session, students will work towards creating a short play that they will write with the help of Club leaders. **FEE: \$180.00**

Flag Football (2-3, 4-7)

Sign up for the ultimate flag football experience! This club allows participants the opportunity to learn and refine the basic skills of football, as well as demonstrating values of team play and sportsmanship. Stay healthy while having fun! All boys are required to meet in the Prep Dining Hall already changed into their Phys. Ed. uniform. **FEE: \$180.00**

Woodworking (Sk-3)

Join U Can Do It! Participants will build and create wooden objects, while developing skills and an appreciation for working with tools. For the older boys the program will be driven by what they would like to make. They have complete control over what they make with guidance and assistance offered in how to create their project from the U Can Do It! Program facilitators. **FEE: \$210.00**



Wild Things Arts Club (4-5)

You are invited to join the *Wild Things Art Club* for a chance to build on your strengths and discover new artistic skills and techniques. Possible projects themes could include murals, large paintings, printmaking, painting and drawing wooden sculptures and signs for the garden, up-cycled art made from old things, environmentally themed art, survivor crafts, birch bark containers, leather craft or rope-making. **FEE: FREE**

Scrabble (4-7)

School SCRABBLE® is a popular activity taking place in numerous primary and secondary schools across the country. This educational pastime has its roots in classrooms in the United States, where thousands of students play the game, many of whom continue on to organized tournaments and even the annual US National School SCRABBLE® Championship. Now students, parents and teachers have come together to organize School SCRABBLE® programs in Canada. Through the game of SCRABBLE®, students are able to increase their vocabulary, strengthen word knowledge, and apply math and analytical skills. It is a game that fosters friendships, cooperation, healthy competition and teamwork. Best of all, it is an activity enjoyed by people of all ages, skill sets and backgrounds. **FEE: FREE**

LEGO® Play (Sk-3)

Join us this term in LEGO Play to bring your bricks to life! Imagination is key in this program – where we encourage students to play in new ways, creating amazing LEGO models of their very own. From ten-minute building challenges to get creativity flowing to Cool Brick Sessions featuring key LEGO bricks, and even a Handful Of Bricks contest to explore what can be done with a limited collection of bricks – this program is for all the avid LEGO fans out there. Come and build with us! **FEE: \$210.00**

Baseball (Sk-3)

Join our ASP staff and have a lot of fun playing baseball. This is a fantastic program designed to develop baseball and leadership skills, make new friends, and build confidence. All participants will have a great time! **FEE: \$180.00**

Soccer (Sk-7)

Join the ASP Staff for indoor and outdoor soccer games. Participants will be active and engaged while learning skills and team play. Boys are required to change into their sports uniform and need outdoor shoes for the field. **FEE: \$180.00**

Multi-Sport (Sk-1)

Join the ASP Staff for indoor and outdoor sports and games. The variety of games/sports will keep participants active and engaged. They include basketball, football, dodgeball and ultimate frisbee – there will be many other games and sports. All boys are required to meet in the Prep Dining Hall already changed into their Phys. Ed. uniform. **FEE: \$180.00**



Cooking (Sk-1, 4-7)

Have you ever dreamed of travelling around the world and tasting all kinds of different foods? This year the Grade Sk-1 cooking club will be exploring foods from around the globe. Come and join the ASP staff and learn how to cook recipes from different countries. After cooking each class, all participants will get to taste and enjoy their foods. Get ready to start filling out your food passports and have the ultimate taste bud experience! In grades 4-7 Boys will learn to make a taste of a variety of foods from different cultures, including sushi, poutine and crepes. They will also be introduced to basic cooking skills and table etiquette. A recipe booklet will be given to each boy to help with cooking at home. **FEE: \$180.00**

-----**ABOVE PROGRAMS OFFERED IN SPRING 2015**-----

Wacky Science

Learn different and fun science experiments on why and how things happen! Learn why Mentos causes a chemical reaction when mixed with Coca Cola or what causes volcanoes and earthquakes to happen by doing your own experiments. – Room E102 (SK) **FEE: \$180.00**

Tough Mudder Kids

Are you interested in testing your mental and physical toughness? Are you tough enough tackle a series of grueling obstacles? Based on the world renowned *Tough Mudder* obstacle course, Tough Mudder Kids will explore your strength, stamina, mental grit, and most of all – team spirit. Mudderlings are team players who will motivate and encourage each other, and we'll expect you to exhibit camaraderie both on and off the course. In fact – all participants will be asked to take a Tough Mudder pledge before starting each event. We'll do some training each week and then challenge ourselves to different courses – including the Braveheart Charge onto the field, the Devil's Beard where you need to get the whole team across a field under a cargo net, or the Dead Wood, where you must work together to move heavy items across the course. The best part about being a Mudderling is that each week we'll have a ton of fun! With music playing and treats and prizes at the end of each event, we're here to have a great time together. Are you tough enough? **FEE: \$210.00**

Dinosaur and Fossils Club

Using actual fossil materials, hands-on demonstrations and take-home projects, the budding Paleontologists will uncover a world forgotten by time... the realm of the dinosaurs. **FEE: \$210.00**

Comic Book Club

Boys are free to create using their imagination. They can use pre-drawn comic book templates, or create their own. Being taught to draw freestyle or by using computer generated characters, the sky is the limit. They create the story lines, and our staff will show them how to bring it to life using various techniques. Using their imaginations and creating it themselves is what it is all about. **FEE: \$180.00**

Computer Programming (Basic)

Expand your knowledge of technology and share that with the world. Create stories, games, and animations with the 'Scratch' computer program. Empower them to create anything they can imagine with the i-pad 'Hopscotch' program. Boys will enjoy this interaction with technology and creating and bringing their ideas to life. **FEE: \$180.00**



Canadian Gladiators

Students are encouraged to join the UCC Canadian Gladiators club, based loosely on the American Gladiators TV show. The club will promote physical activity, sportsmanship, and fair competition. A different event will be created each week, testing a variety of physical skills such as agility, strength, and speed. The final week will conclude with the Eliminator event. All boys are required to meet in the Prep Dining Hall already changed into their Phys. Ed. uniform. **FEE: \$180.00**

Lego (Introductory)

Lego is a great way for students to learn about construction and design while learning invaluable life skills. It helps develop mathematical, and fine motor skills, and lets students use their imagination and creativity to build structures and vehicles. Includes 4 weeks of Lego building and 4 weeks of Transportation activities.

FEE: \$210.00

Super Elite Football

Super Elite Football is excited to present its Football fundamentals and mentorship to Upper Canada College! Super Elite has worked with UCC's Football programs and also with UCC prep school classes and winter programs. We are happy to announce we will also be working with your afterschool program on Fridays to provide a fun non contact football experience for your children! Our program is run by both former and current pros from the CFL to help instill leadership and mentorship for your young students grades 5-7.

FEE: \$250.00

Exciting Engineering

Based on the Science and Tech curriculum, each week the kids will work in teams to solve various Engineering problems. Topics include gears, pulleys, flight, bridges, structures, electricity, weather and more. Great take home projects at the end. **FEE: \$210.00**

LEGO® Land

It's time to get creative – because there are an infinite number of possibilities to build with LEGO®! In this program we'll have fun while exploring the problem solving, and engineering skills needed to create with LEGO®. Students will work on their own creations as well as complete in fun team challenges and projects to create awesome bridges, cities, towers, castles, airplanes, boats and so much more. Explore what you can do with LEGO®! **FEE: \$210.00**

Comedy Improv

Improv Comedy- hilarious theatre performed without a script. Have a blast learning how professional comedians become great at performing and speaking in front of people using Improv. We'll use performance exercises, character development and your own life to turn everyday events that seem ordinary into your own hilarious performances! **FEE: \$210.00**

Cartooning



Learn to draw your favorite cartoons on paper in colour! Anatomy for cartooning is taught, facial expressions and emotions will be covered as well. Learn illustrators techniques and how to apply shading techniques. Come and learn to draw like a pro! **FEE: \$210.00**

Monkeynastix

Help your children develop remarkable self-image and self-confidence through the individual success they achieve in our program using our specialized equipment and more challenging classes! Building on the Fundamental Movement Skills acquired, our 3-8 year old members continue to further develop the ABC's of Movement - Agility, Balance, Co-ordination and Speed. Each class begins with a warm up which includes a fun energetic Monkeynastix song, challenging stretching positions, locomotion and fine motor activity. Children then participate in a main activity circuit with sub stations focussing on a particular theme such as balance, strength, floor skills, cardio, speed and agility etc. Ending the class with a manipulative activity children are introduced to sport skills such as kicking, catching and throwing. We end our energy packed lesson with a fun closing song and children receive a Monkeynastix sticker. Children leave Monkeynastix feeling happy, confident and energized! New equipment and lessons are introduced weekly expanding on the lessons learned the prior week. **FEE: \$210.00**

Exploring Science

Young explorers will exercise their natural curiosity through a curriculum of themed play centres, experiments and take-home activities. Each week we take on a new topic such as magnets, gears, the senses, and insects amongst several other exciting themes! **FEE: \$210.00**

HIP HOP Dance

In the Mix is an innovative program that provides a unique opportunity for children to explore what's new in dance, music and internet technology. This experience is very much about developing mind and body, and gaining confidence and social skills. Students will learn a brief hip-hop dance to share with parents at the last class. They will also work collaboratively in small groups to create one-of-a-kind music videos, using iPads supplied by In the Mix. Students have full creative freedom yet are guided appropriately to help them progress and spice up their videos and dancing in the end taking home that experience with their very own DVD. **FEE: \$210.00**

Film Club

Action, drama, comedy, horror. What do the best films have in common? They influence our emotions, and remain with us for years on end. We all love movies, but have you ever made one yourself? Well now you can! During the 8 weeks of this program, students will learn basic elements of film craft, including concepts, characters, and conflict, script format, and camera placement and movement, all while creating short film pieces that will be presented and project at the end of the session. Students will write, direct, shoot, and star in all own their films, starring a new generation of amateurs and independent filmmakers. **FEE: \$180.00**

Swimming Club

Boys will learn basic survival swimming skills based on Red Cross and Lifesaving Society skills including basic stroke instruction in front crawl and other strokes if time permits. There will be an emphasis on water safety and having fun in water through exploration of topics such as boating and ice safety. **FEE: \$180.00**



Computer Programming (2-3)

Hatch Canada helps students discover the magic of building something useful using computer programming. Students can explore programming by building projects in 3 areas: Coding (games & apps), Design (animations & visual effects) and Sports (tennis, hockey, soccer, etc). They can mix and match or go deep in a single area. Hatch Canada starts with very simple projects building to an independent, customized project based on what the student wants to build in the last 3 weeks. Whether you have no background in coding or have done a few things on your own or through camps, we'll start with your current skills and build from there.

FEE: \$210.00

Junior Gladiators

Students are encouraged to join the Junior Canadian Gladiators club, based loosely on the American Gladiators TV show. The club will promote physical activity, sportsmanship, and fair competition. A different event will be created each week, testing a variety of physical skills such as agility, strength, and speed. The final week will conclude with the Eliminator event. **FEE: \$180.00**

Tennis

Join the After School tennis program taught by Nick D'Amico, a Tennis Canada Certified Coach and Pro, who will be instructing all sessions. Through the use of fun games and basic instruction, each participant will learn the lifelong sport of tennis. Running shoes and athletic attire are required. Please bring your own tennis racquet if you have one. Otherwise, tennis racquets can be supplied if needed. **FEE: \$210.00**

The Amazing Race

Join us – in this weekly adventure with challenges modeled after the popular show “The Amazing Race”! Participants will be divided into teams and race against each other performing physical feats and mental challenges. Each week there will be a series of clues that will have teams working together to get from one destination to another – where they will be faced with a challenge which they will be required to complete in order to obtain the next clue. Contestants strive to arrive first at "Pit Stops" at the end of each leg of the race to win prizes and to avoid coming in last, which carries the possibility of a disadvantage in the following leg. Along the way teams will encounter Route Markers, Road Blocks, Detours, and FUN! **FEE: \$190.00**

Survivor – Sports Edition

Explore the fundamentals of fun sports like ball hockey, t-ball, soccer, mini-golf, tennis, badminton, frisbee, and track and field events in Survivor: Sports Edition! After learning the basics of each sport, we'll divide into teams and compete for the glory! Get your sporty self ready for this athletic spin on Survivor! **FEE: \$210.00**

Ball Hockey

Join our ASP Ball Hockey club and enjoy fun, competitive games and skill-enhancing drills. Boys can learn new skills or continue building on developed skills. This is for participants at all levels. **BOYS MUST BRING THEIR OWN HELMET AND GLOVES. FEE: \$180.00**

Debating



Looking to improve your powers of persuasion? Sign up for the one of the UCC debating clubs this term. Each week, we offer small workshops in the fundamentals of debating. Boys in grades 6 and 7 are offered opportunities to debate with other schools. This program is offered to boys in Form 3-7.

FEE: Co-Curricular (FREE)

Volleyball

Join Dan Shermer of Motion Sports for an introduction to this fun and amazing sport. The eight-week session will focus on development of skills such as passing, volleying, hitting, defense, serving, and game strategy. This is great preparation for team play and general knowledge. **FEE: \$210.00**